

SYNC SINGAPORE PROGRAMME

1 HOUR ONE-TO-ONE
PRE-TRAINING COACHING
(VIA SKYPE):
24 OR 25 OR 28 JUNE 2019
(AFTER 2PM)

5-DAY WORKSHOP:
8-12 JULY 2019, 10AM-5PM
ENABLING VILLAGE,
SEMINAR ROOM 1 & 2

A training programme for artists and arts managers with disability wanting to make a difference in and through the arts!

WHAT TO EXPECT?



Experienced facilitators/coaches from Sync:
Jo Verrent & Sarah Pickthall



Coaching designed around your individual
strengths, experiences and challenges



Learning to self-advocate and speak for yourself



Effective strategies to advance the the arts and
disability sector

REGISTRATION OPEN:

2 MAY 2019

REGISTRATION DEADLINE:

24 MAY 2019

HOW TO APPLY?



For enquiries, please email syncsingaporeprogramme@vsa.org.sg



For more information and application form download, please visit
<https://www.vsa.org.sg/syncsingaporeprogramme/>

Programmed By



Organising Partners



Venue Partner



ABOUT THE TRAINERS



JO VERRENT

Co Founder Sync and Senior Producer:
<https://weareunlimited.org.uk>

Jo leads on the delivery of Unlimited full time, maintaining the workflow of the team and managing the impact the work has both at home and abroad. A self-confessed workaholic, she enjoys spreading the word about the programme and the artists, and travels extensively both nationally and internationally to do so. At home, she is responsible for fundraising, financial monitoring and reporting across the programme.



SARAH PICKTHALL

Co Founder Sync & Sync Coaching© and
Director: Cuspinc.org and SarahPickthall.com

Sarah is an artist, coach, consultant and executive transformational coach. She is currently studying for an MSc in Coaching and Behaviour Change with Henley Business School, UK. She has run a highly respected disability arts and inclusion agency, Cuspinc.org for 12 years. She also is currently a digital dance producer for ChisatoMinamimura.com.

TESTIMONIALS



"Sync came at the perfect time, I've put all the learning into action to set up my own disabled-led theatre company."

- **Kate Hood**, 'Raspberry Ripple Theatre Company',
Theatre Maker, Australia

"Sync showed me new ways to influence and challenge more, on my terms with great results."

- **Eva Sifis**, 'By Accident Company', Artist, Australia

"Sync Coaching gave me the confidence to build on my natural skills and talents. I didn't have to change who I was."

- **Sunyoung Roh**, Poet, South Korea

"Sync made me more determined to achieve my goals, consequently my arts practice has become more exciting too."

- **Jea Ho Kim**, Artist, Jamsil Studios, South Korea